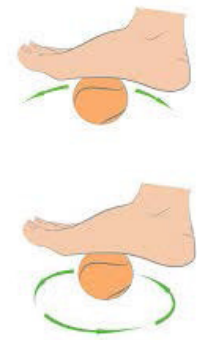


Happy Healthy Feet



- Steel toed shoes can be hard on your feet
- Wait until right before your shift to put them on, and take them off as soon as your shift is over
- Make sure that they have good tread to prevent slips
- Roll the bottom of your feet on a golf ball to help keep your feet supple