

# Distribution Ergonomics

## Services, Software, and Training

*Effective solutions for warehouses big and small*

Atlas works in hundreds of distribution environments across the country. We understand how moving product can cause serious stress on an employee's muscles and joints. Overexertion, strained muscles, and particularly back injuries can impact your employees, slow down your delivery schedules, and hurt your bottom line. Through our extensive experience, Atlas provides the solutions you need to protect your employees and your operations.

### We Complete a Physical Demands Inventory

Atlas comes on-site to complete a job demands analysis, measuring each job's essential and non-essential tasks. The job demands analysis provides you the valuable information you need to create accurate job descriptions and will assist you with your limited-duty and return-to-work programs.

### We Analyze Risk and Develop Solutions

We analyze the injury risk of each job based on industry-tested and scientifically validated risk assessment tools. We prioritize risk and develop solutions designed to reduce injuries and improve productivity and quality.

### We Implement Solutions Quickly

Through Kaizen events, Atlas facilitates the implementation of immediate improvements to areas to reduce the risk of injury and improve operational efficiency. Through these events participants learn the skills necessary to assess and correct ergonomic issues in the workplace, and improve the site safety culture.



### We Offer a Software Solution

AtlasWork™ helps you manage all of the ergonomics program data and use it more effectively. For example, you can take the guesswork out of your return-to-work program by accurately comparing job demands to an injured employee's restrictions. AtlasWork™ provides you more than any other ergonomic program can offer.

### Exceptional Ergonomics Training

If you want your own staff to be self-sufficient, we can provide the needed training including:

- Effective Job Demands Analysis
- Ergonomics Team Training
- Ergonomics for Engineers, Six Sigma and Lean
- Ergonomics for Team Leaders, Supervisors, and Managers
- Ergonomics for Employees

Whether you want our team or your team to do the work, we are here to help you succeed.