

# Transportation Ergonomics

## *Keeping your drivers' backs healthy and moving*

Commercial truck and public transit drivers' backs take the brunt of long hours, static posture, and relentless vibration. Drivers are not the only ones feeling the pain; one back injury can cost an employer \$84,000 to \$168,000 in direct and indirect costs.

Ironically, your drivers are already surrounded by the ergonomic solutions needed to avoid back injuries. Atlas' patented process provides a simple and effective way to protect your drivers and your bottom line with assets you already own.

### **We Mark the Vehicle**

Atlas provides a customized, engineered label system for your vehicle's seat and steering column control mechanisms. The easy-to-read labels help a driver understand how each mechanism operates and what setting is best.

### **We Train Drivers**

Atlas provides a short training video to educate drivers on how ergonomic features can protect them from injury, and how to use the Atlas system for maximum comfort and safety.

### **We Fit the Vehicle to the Driver**

Atlas staff properly fits the vehicle to the driver, maximizing the ergonomic benefits that already exist to minimize discomfort and the risk of injury. Label settings are recorded and are provided on simple visual guides, allowing a driver to reproduce a proper vehicle fit without future assistance.



### **We Monitor Risk**

As an option, we provide hard copy or onboard computer-based discomfort surveys to measure program performance and driver comfort levels. Drivers identified with higher levels of discomfort can be refit or have their symptoms addressed through early intervention services.

### **Exceptional Training**

The goal is to help your company become self-sufficient. Atlas provides the training to teach your team how to help avoid injuries. We show you how to fit a vehicle to a driver and how to respond to higher levels of discomfort.



**Need a simple and effective plan to back injuries? Give us a call or send us an email. Our patented and proven method reduces back injuries by simply and effectively empowering your drivers to take control of their ergonomic health.**

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